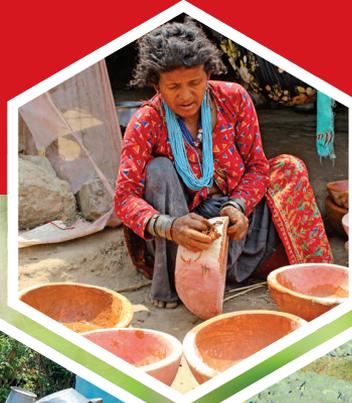


Success Stories

Year 2022, Vol-6



SOSEC NEPAL

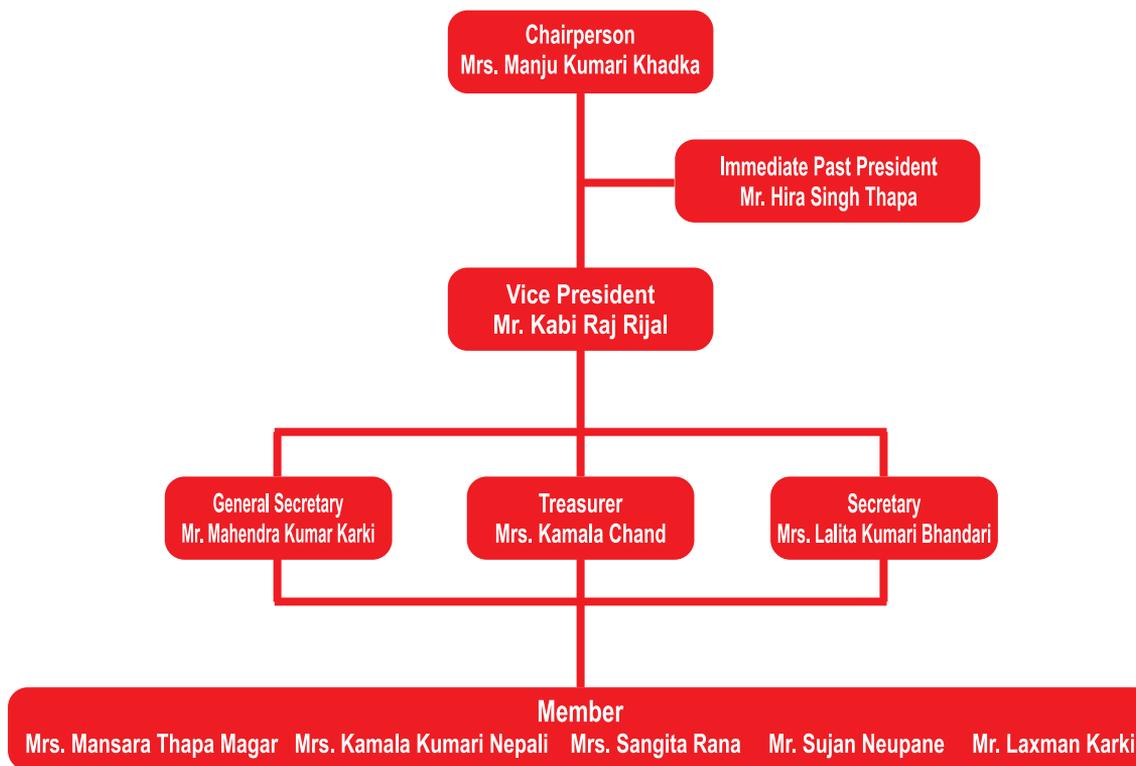
Central Office: Narayan Municipality-1, Dailekh
Central Office Phone: 089-410187/410096/089-410093
Bal Helpline 1098 (Ten-Nine-Eight)/9858088222/9858036222
Women and Children Centre, Dailekh: 089-410222
Women and Children Centre, Kalikot: 087- 440344
Kathmandu Office : 01-5910890, Surkhet Province Office: 083 - 414255
Toll free Num: NTC 16608942001 NCELL 9801574888
Email: sosecdailekh@gmail.com, info@sosec.org.np, hirad@ntc.com.np
Website: www.sosec.org.np



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Memorandum of Gratefulness

I would like to thank all board members of organization, staffs and stakeholders on the occasion of publishing success story book for the sixth time including the stories that has bring change in rural communities and people through the interventions of the project which are implemented in harmonious partnership with Governmental and non-governmental, different I/NGOs, and donor. Program could not set the transformation of the community and also not be success although the communities unless it changes the traditional beliefs, living and behavior of community and people into the new living standard and modernization.

I would like to wish that, this success story book will motivate and encourage to staffs involved in different programs and projects, Partner organizations, User groups and stakeholders. I also like to thank all the staffs working on different project implemented by the organization.

I would like to thank those beneficiaries (women and men) who have agreed to involve their story in the success story book which motivate and provide courage to other readers.

I would like to thank all writers who are involved in writing of the stories and Mr. Basanta Shrestha, Deputy Executive Director of SOSEC, who edited, rearranged, managed and made readable. We expect your suggestions and feedback after reading the book which will help us to make more effective on future days. For the feedback and suggestion you could use this email ID; sosecdailekh@gmail.com and info@sosec.org.np.

Thank You

2022

Mr. Hira Singh Thapa

Immediate Past President, Executive Director

Social Service Centre (SOSEC) Nepa

Regarding the Success Stories Book

Social Service Centre (SOSEC) Nepal, is a national non-governmental organization that leads supportive roles in the sector of Human right, Climate Change Adaptations, Disaster managements and Livelihoods for the poor and marginalized community. The organization has been working since the past 24 years closely related to these sectors in Dailekh, Surkhet, Achham and Kalikot Districts of Nepal. With the main objective of promoting human rights, health, education and further development of agriculture sector, the organization implementing these interventions that which fulfill the actual needs of the community, and focusing skill than the input support with the coordination and colaboration with different donor and line agencies.

In this context, the organization has presented this success stories book by collecting impacts of the project/program interventions. It has been expected that this book will be the interesting subjects for all the directly or indirectly concerned right holders, stakeholders and individuals. This organization will always be grateful for employees of this organization for the completion of the interventions directed by organization.

While preparing this book, we are greatful to Immediate Past President/Executive Chief Mr. Hira Singh Thapa and all the employees of social service centre (SOSEC) Nepal, who assist in writing and proofing with the evidence. We also like special thank to Project and Program Coordinators; Nawaraj B.C., Durga Giri, Madhav Bhattarai, Jib Raj Regmi, Rama Shrestha, Pritha Thapa, Puskar Sharma, Mahendra Adhikari, Tikaram Sapkota, Maya Rana, Sayeja Aryal and all the board members of the organization and supportive stakeholders, donor agencies and partner organizations for the making this book practical and simple through their valuable time, knowledge and supports. And also we would like to thank Mr. Ramesh Dahit of Capital Press Pvt. Ltd. Nepalgunj, who also provided better design and support in publication.

Finally, we expect regular suggestions and advice for the major improvements in the publication as well as interventions implemented by the organization in further days for the improvement and implementation.

Basanta Shrestha

Deputy Executive Director

Social Service Centre (SOSEC) Nepal

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Employment in Own Village

Livelihood of Bhairabi RM-4 Community member of Budhana Tol depend upon labor/wage work, traditional farming and foreign employment. Traditional farming and Seasonal vegetables productions was not enough to sustain the family. To run the household expenses, most of the youths were migrating for foreign employment.

SOSEC Nepal is implementating AADHAR Project with the support of AEIN Luxembourg & coordination with Bhairabi Rural Municipality. With the support of project Pragatishil Youth Club formed in 2017 with 20 members. After that, youth club organized monthly meeting for discussion and orientation on youth rights, child marriage, dignified menstruation, health and sanitation. SOSEC Nepal had also provided Rs. 15,000 grants to youth club in generating employment in local level. As a result, the youth club members, who started saving Rs. 50 per month in the early days.

Youth are aware to do something in own community for income generation as a result , AADHAR project has supported additional Rs. 45 thousand. 9 youth involved in income generating activities like as poultry, goat rearing, vegetable farming form mobilizing the saving.

Rs. 1 lakh 70 thousand has been deposited in the club till days. Youth club has also provided loans to their club members at one percent INTREST per month. Now, the members of the club are engaged in various income generating activities such as poultry, livestock, fresh vegetables farming and trade businesses. And, it creates self- employment opportunity in the village.

President of the club, Anita Thapa said, "Perception and compulsion of seasonal miration to India for earning has been chnaged after organizational support, which leads for engaging income generating activities at local level."



Access in Water, Increased Income

Ram Bahadur Bohara who has 7 members in the family from Dullu municipality ward 12, Rawatbada has suffered from access to drinking water. Every day the family had to walk about 30 minutes to fetch water. Reaching the water source didn't end the problem as they had compulsion to wait in queue for hours for their turn.

With the partnership of Integrated Water Resource Management Program by Helvetas Nepal and Dullu municipality and the implementation of SOSEC Nepal, Gogan Padhera Solar Lift Drinking Water and Sanitation Project commenced on 2020 AD. This project has covered 82 households and Ram Bahadur is one of its beneficiarie's. This project alleviated the problem of 82 households including Ram Bahadur whose family had to spend hours

to fetch water every day.

Along with the supply of water, Ram Bahadur is doing vegetable farming in the backyard of his house. Prior to the project's intervention, he used to buy vegetables for the family, whereas after the intervention he even sells the surplus after the family's consumption. Ram Bahadur made nearly RS. 95,000 from vegetables and recently sold beans of about RS. 40,000.

“Early morning despite going to fetch water, I am bale to provide spare time for my children study and I work in the kitchen garden too. We consume and sell vegetables that we produce which has also helped in the household expenditures.” Says Ram Bahadur.

Savita becoming self-reliant

Sabita Neupane 24 years is residing in Bhairabi Rural Municipality-3, Dailekh. There are 4 members in Sabita's family, to sustain their daily livelihood family, her husband have to go India for wage labor as there is no other alternative source of income generation. Her husband migrate to India for seasonal work. SOSEC Nepal is implementing AADHAR project with support of AEIN Luxembourg and coordination with Bhairabi Rural Municipality at Bhairabi RM. After its implementation, 'Social Service Youth Club' has formed with the objective of improving the livelihood of the youth and spreading public awareness against various social issues. In which Sabita became the member of the

club. The project has supported Rs. 15 thousand to sabita to transform her livelihood. She purchased 2 Goats from the received amount. And started goat farming business. Currently, sabita has 6 goats. She sold 2 hegoat and started earned income. In earlier days, she used to depend on husband's income. However, now she started earning income from goat farming. Noe She is able to contribute at least some income for her family household expenses and also, started monthly savings at club. Savita said, "As, I started earning income, I feel very easy to manage the household expenses and even I don't have to depend on my husband to buy basic household items."



Villager released from compulsion

Sujan Kumari Budha of DUNGESHWOR Rural Municipality has 5 members in the family. There was huge problem of drinking water in her village. It would take nearly an hour every day to fetch water from the tap that runs from the river. With limited supply for 31 households, it became a huge problem for water. It takes almost 50 minute to collect water. All this makes her a compulsion to drink unsafe water that is used for irrigation purpose.

SOSEC Nepal is implementing Integrated Water Resource Management program, with the support of Helvetas Nepal and DUNGESHWOR RM. The project started working by formulating water user committee in Sujan's village through Jyamire Drinking Water and Sanitation scheme. Thereafter, orientation related

to safe drinking water and sanitation was conducted in the area. Additionally on every house there are water tap, Utensils rack, place for washing hands, waste management pit and filter for water purity are connected.

Currently her village is known as an example of clean village. Residents are free from dirty water and have received clean and safe drinking water. With the use of clean drinking water and sanitation there is a significant reduction in diseases like stomach ache, diarrhea and some other that are caused by dirty water intake.

Sujan Kumari Says, "After the Drinking Water and Sanitation project started in village, I am sensitized on consuming clean drinking water to be healthy and at the same time we are free from the compulsion of drinking impure water."



Bhandari Tole a Climate Smart Village

Dullu municipality-4 farmers of Dailekh brings food scarcity among their family due to the climate change impacts. Day by day agriculture production was decreasing gradually. Beside this because of climate change impact, drought and irregular rainfall alongside with increase in pest and plant diseases, production becomes minimum. This results very difficult in sustaining their livelihood and fulfilling familial necessities. Majority of young farmers go nearby countries mostly India, for seasonal earnings.

SOSEC Nepal is implementing

UTTHAN project with the consortium partnership with DCA, Li-Bird and NNSWA, financial support from EU. One of the CSO is Bhandari Tole Multipurpose Farmers Group (BMFG) that UTTHAN implementing its interventions. This group consists of 44 HHs.

With the support of project, they received training related to climate change, adaptation, and mitigation process and techniques. Besides this they were promoted and motivated to establishment of green enterprises by using and implementation of climate smart





agriculture tools and technologies to reduce carbon emission like; tunnel, polyhouse, drip, mulching, use of compost, animal shed improvement, irrigation pond in each HHs, use of bio pesticide, jholmol 1, 2, 3, promotion of local variety, improved seed, climate and gender friendly tools, sanitation around community, reuse of plastics etc.

Now, Bhandari Tole community are using climate friendly tools and technology and after it's use, they could able producing green vegetables all year around by reducing climate change impact like; drought, disease and pest, biopesticides instead of chemical fertilizer, compost manure etc. The community has also been adopting climate change as a result Bhandari Tole is and leading towards 'Climate Smart Agriculture Model

Village'.

Laxmi Bhandari, member of BMFG said; "We were affected by climate change impact and unable to produce fresh vegetable which distress our daily living. As a result, there was a compulsion for us to go aboard for foreign employment. But, now with the project intervention, we understand what climate change is? By adopting climate friendly technology, we are increasing agriculture production, saving times and generating cash also. Alongside, we never imagined about making our locality 'Climate Friendly Agricultural Smart Village', which is going to be possible now. Also we started doing advocay with local government planning process to intergrated these types of intervention."



Kaprikhola Leading towards Total Sanitation Village

Major problem of the residents of Mahabu rural municipality ward 4, Kaprikhola was drinking water and sanitation. It was a trouble with water since the source was far from the community and wasn't safe as well.

Integrated Water Resource Management program is implementing SOSEC Nepal with the support from HELVETAS Swiss Intercooperation Nepal and Mahabu RM. This project has provided drinking water service to Kaprikhola. Along with the project, different activities, trainings and activities related to sanitation are conducted in the area.

Currently 22 households in this community have one tap, one utensils rack, one filter, one dumping pit and one hand washing place developed for each one of them which they are using every day.

The kaprikhola community people said, "We are relief from the use of unsafe water, with the construction of tape in every household, it took our compulsion of dring impure water, now it's our responsibility to protect the constructed water tape for developing healthier life style."

A village towards climate smart

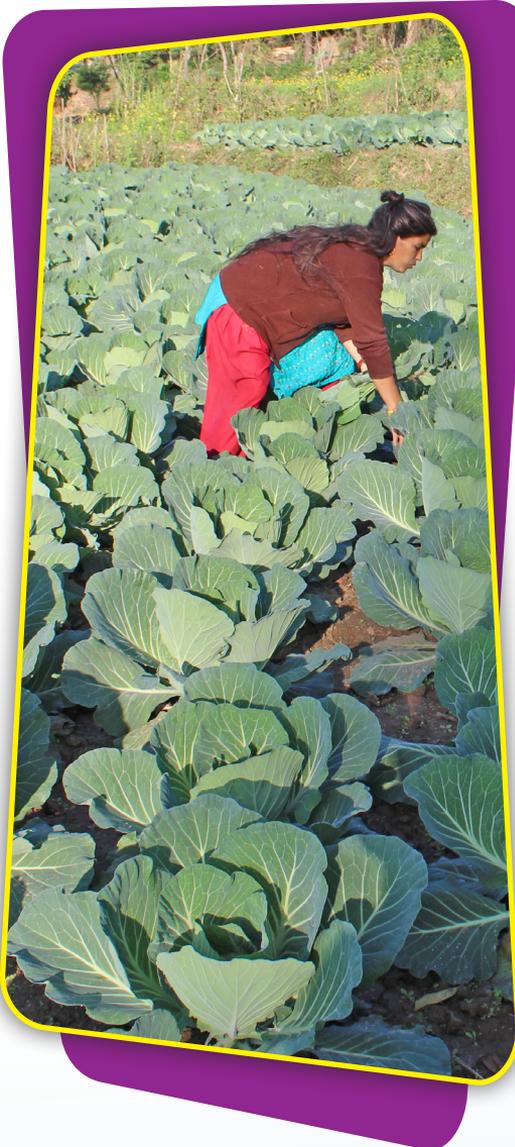
Jaski village is located along the Surkhet-Jumala Highway at Aathabisa municipality 3, Dailekh. Most of the farmers were sustaining their living by engaging in traditional agriculture practices. The cultivation of the agriculture commodities affected by lack of improved seeds, drought, pest, and disease. Only seasonal farming they used to farm their land and most of the youths migrated India for seasonal earnings.

Climate friendly tools and trainings and technologies were supported from UTHAN Project which is implementing by SOSEC Nepal with the support of European Union, DCA and the technical assistance from Li-Bird. Project supporting farmers to increase coping capacity of the farmers against the climate change induced risks. Poly house, improved seeds, women friendly tools, drip irrigations system, as well as trainings and orientations related to shed improvement,

compost manure, bio pesticide, mulching and climate change adaptation and mitigation practices.

After using the climate friendly/resilient tools and technologies, farmers started production of vegetables year around. Reduced impacts of draught, paste and disease were also controlled by using of bio pesticide. The produced vegetables also helped in household expenses and children's education.

Bishna Devi Karki, president of Malika Agriculture Cooperative, said, "We don't have knowledge about climate change and adaptation. After receiving trainings and orientation about Climate change and practicing adaptation tools and technologies, it is easy to adopt and cultivation vegetables in year around. Now we can know and tell others about climate change adaptation."



Recovering from Mental Disorder



Susma Sanjyal from Kalikot district, Sanni Tribeni RM -1 was living with mental disorder. She lives with her parents along with two brother and one sister. She had done love marriage.

On Feb 5, 2022- she was found abundant being mental problem at Jitegada area of Kalikot. Then she was referred to police office where she was rescued. Then they requested/referred to SOSEC Nepal Kalikot shelter office (Bal Helpline 1098) for further support. SOSEC provide emergency shelter there and coordinated with her parents, One-door Crisis Managemnet

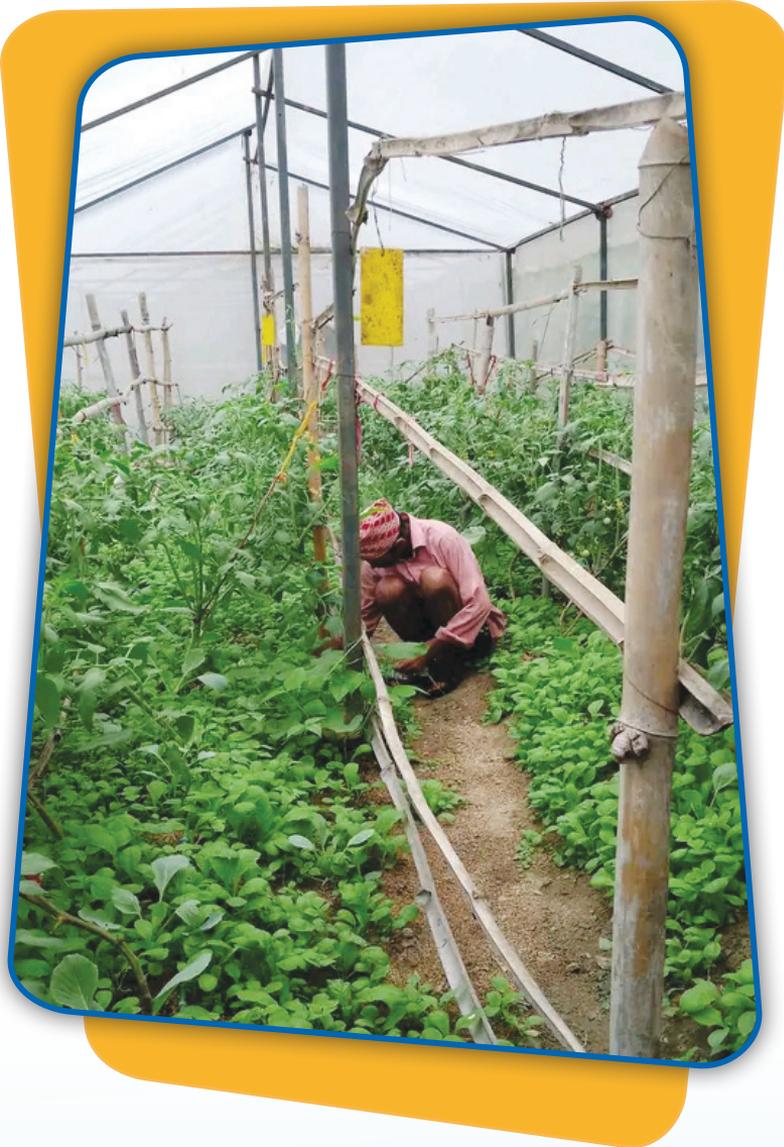
Committee (OCMC) for further treatment and rehabilitation. Then she was referred to Kalaguan hospital, Surkhet for treatment where her problem was diagnosed and now, she was completely recovering and reintegrated with her family members.

After returning from hospital and staying at home she thanked to SOSEC Nepal family, Women and children center Kalikot for this support.

Climate Friendly Agriculture Practices Stop Foreign Employment

Jora Singh Bhandari from ward -4, Dullu municipality has 5 members in his family. Bhandari used to migrate to India to make a living for his family working as a daily wage laborer. He owned sufficient land but with low produce due to drought and the lack of irrigation, he harvested food which wouldn't sustain the family throughout the year. Therefore, it was an obligation for him to move to India to earn since he had no other income source and had the scarcity of food for the family.

With support from European Union and DCA and the technical assistance from Li-Bird, UTTHAN project is implementing by SOSEC Nepal formed a multi-purpose farmer's group. Jora Singh joined the farmer's group and received training on modern tools and technique about modern agriculture system such as Temporary Poly House, Improved Seeds, and Cow shed improvement and about climate friendly tools such as drip Irrigation, irrigation pond and so on. After Jora Singh received the



training, he started both seasonal and offseasonal vegetable farming using climate smart technology.

After beginning climate friendly farming, Jora Singh is able to harvest substantial amount of vegetables and is able to generate income out of it. As a result, it is easier for him to support the education of his children and sustain the family

with the generated income.

Jora Singh says, “As vegetables farming becomes source of income, the compulsion to go to India is gone and now I have decided to commercialize vegetable farming in the country rather than going to India.”

कोरोना भाइरस रोग (कोभिड-१९)

हाम्रै विद्यार्थी कै विरुद्ध नयाँ कोरोना भाइरस सके संक्रमणबाट लागेको रोगलाई विषय स्वास्थ्य संयन्त्रले “कोभिड १९” को नाम दिएको छ र यसलाई विषयव्यापी महामारीको रूपमा घोषणा गरि सकिएको छ।

कोरोना भाइरस श्वसनप्रणालीको माध्यमबाट सार्ने रोग हो। यो संक्रमित व्यक्तिले खोक्सा वा हाइटी गर्दा नाक वा मुखबाट निस्कने छिट्टाको माध्यमबाट एक व्यक्तिलाई अर्को व्यक्तिलाई सर्दछ।

यस्ता लक्षणहरू देखा परेमा नजिकको तोकिएको स्वास्थ्य केन्द्रमा सम्पर्क गर्ने। यस रोगको संक्रमणको जोखिमबाट बच्नको लागि निम्न उपायहरू अपनाउनुपर्छ।



ज्वरो आउने



सोकि लाग्ने



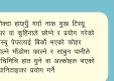
श्वास फेर्न गाह्रो हुने



ज्वरो र खोकी लागे को लक्षणहरू देखा परेको को स्वास्थ्य केन्द्रमा जान र खोकी र ज्वरो सार्ने को रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान र खोकी र ज्वरो सार्ने को रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान



कोरोना भाइरस सार्ने नाक मुख रित्तु रित्तु वा खुट्टामा छुने र खोकी र ज्वरो सार्ने रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान र खोकी र ज्वरो सार्ने रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान



बिनामास्क जसको उपाय को लागि स्वास्थ्य केन्द्रमा जान र खोकी र ज्वरो सार्ने रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान



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कोरोना भाइरस रोगका बारेमा थप जानकारीको लागि **१११५** वा **८८५१२५५८३८**, **८८५१२५५८३७**, **८८५१२५५८३८** मा सम्पर्क गर्नु ।

कोरोना भाइरस रोगबाट बच्ने उपायहरू



बेलाबेलासा राम्रै हातलाई साबुनमा राम्रै तरिकामा २० सेकेन्ड भन्दा बढी समयका लागि हात धुने वा अल्कोहल सल्टको रसायनबाट राम्रै तरिकामा धुने



कोरोना भाइरस सार्ने नाक मुख रित्तु रित्तु वा खुट्टामा छुने र खोकी र ज्वरो सार्ने रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान र खोकी र ज्वरो सार्ने रोगको उपाय को लागि स्वास्थ्य केन्द्रमा जान



हात मिलाउनु वा अंगमा हात मिलाउनुबाट बच्नु



मिडमाइना नजान्ने

ज्वरो आएमा, सोकि लागेमा वा श्वास फेर्न गाह्रो भएमा नजिकको तोकिएको स्वास्थ्य केन्द्रमा सम्पर्क गर्ने









कोरोना भाइरस रोगका बारेमा थप जानकारीको लागि **१११५** वा **८८५१२५५८३८**, **८८५१२५५८३७**, **८८५१२५५८३८** मा सम्पर्क गर्नु ।

“नगर्नु आमा बुवा मलाई विहेको कर
छैन मलाई २० वर्ष नपुगी विहे गर्ने रहन”

- Quotes by Basanta Shrestha DED of SOSEC Nepal



Behavioral Change in Raute Community

The Rautes are a nomadic people with a long history of human civilization. Not only that, they are the only last nomadic community in South Asia. Raute, one of the most endangered species, is living a nomadic life in Karnali. Raute, living within his own beliefs and originality, is far removed from modern human society. They are close to forests, wildlife and nature. The Raute project is being implemented in the Raute community through facilitation of the Social Service Centre

(SOSEC) Nepal with the support of AEIN Luxembourg. After the implementation of the Raute project, the Raute project has been continuously contributing to the improvement of their daily life by continuously coordinating with the state government and providing additional services and allowances through lobbying. Similarly, after the implementation of this project, they have also been included in the national census of 2021. This has helped in the preservation and promotion of



their original language, history, rights, traditions and script. A peer of teachers and a health worker have been deployed through the project for maintaining their health and sanitation. Children and youths of the Raute community, who consider reading and writing to be their greatest enemy, have recently started reading and writing informally after the facilitation of the Raute project. Children and youth are attracted towards sports. The Raute people, who do not pay much attention to sanitation, are now paying attention to sanitation. They are now giving importance for personal health and hygiene. Beside, they are involved for clean surrounding area of their resident.



Raute, who uses herbs in case of illness, injury or body injury, is now being treated by health workers. Now they are using the allopathy medicine and medical treatment too. They have been treating minor injuries by applying bandages. In case of serious illness, they go to the hospital for medical treatment too.

Peer Educator Lal Bahadur Khatri said, " *with the help of the project, their daily life has changed a lot. Earlier, they had to suffer extreme pain incase of injury and sickness. However, these days, they are seeking medical treatment from healthworkers.* "

Sapana's Involvement in climate friendly agricultural practices

It's been four years since Sapana Shahi started vegetable farming. She lives in Aathbis Municipality ward 3 Kumalkhada. Despite having enough amount of land, Sapana and many other people in her village were having a desperate livelihood. Due to dry, drought and extreme weather condition, villagers weren't able to consume or trade seasonal and off-seasonal vegetable farming and were obliged to have a low standard living. With the support from

European Union and DCA and technical assistance from Li-Bird, UTTHAN Project is implementing by SOSEC Nepal. The Project formed a Chetansil farmer's group in her community. Joining in the group, Sapana received information about modern agriculture system and was trained with climate change and climate friendly agriculture. For climate friendly farming Sapana has received permanent poly house from the project improved



seed, agricultural tools and technology. The project supported for cattle shed improvement and she started organic vegetable farming by preparing organic manure and urine collection for pesticide.

Following the project's support in pond construction for irrigation, Sapana also started preparing compost manure for her vegetable farming. She was farming inside plastic tunnel and when she was supported with various agricultural and gender friendly tools like; drip irrigation, she could spare more time from farming and now she is able to spend more time with her family as well. In the initial two years, Sapana was only focusing on organic methods of production, whereas

in the last two years she is increasing her production by considering environment and climate friendly alongside the organic farming practice. She is using bio-pesticides (prepare from herbs and animals urine) nowadays. All this inspires and motive her engage in organic farming.

Farming system in Kumalkhada has changed as similar to Sapana's experience. It's hard to find Weed (Tamakhu) in village which was once prevalent all over the area. Those who were in the traditional farming are practicing modern agricultural methods currently. "It's been a support to climate conservation with our climate friendly farming practiced", says Sapana.

विहेवारी २० वर्षपारी





Raute People - Aware on Health Service

Endangered Raute community is the last nomadic tribe carrying the history of ancient human civilization. The 30 years Khagendra Shahi belonging of Raute tribe is living a nomadic life in Karnali, injured his hand while cutting wood for the purpose of making wooden utensils.

Raute project implemented by SOSEC Nepal with the technical and financial support of AEIN Luxembourg, has been continuously contributing for the improvement of daily

life of Raute people. It basically focuses for promotion of non-formal education, health and nutrition and Livelihood in the Raute community. In which, two peer educator and two Health Assistant are deployed in the community through the project for their welfare. Hence, the injured Shahi asked the help from the health worker. And with the coordination of SOSEC Nepal he had taken to the Dailekh hospital for treatment.

An X-ray had taken at the Hospital and it was found that his hand was fractured. Then his hand was plastered. He is the first person in the community who request the health worker for allopathy treatment. Whereas, in Earlier days, the community people used to treat the injuries by themselves with their homeopathy knowledge. After the treatment he has returned to the Raute settlement. He said, “now he is confident that the plastered hand will be recover soon and he will be able to return to his previous state through the treatment.

This is the first record of the community, where patients have requested to take him/her to the hospital for the treatment process

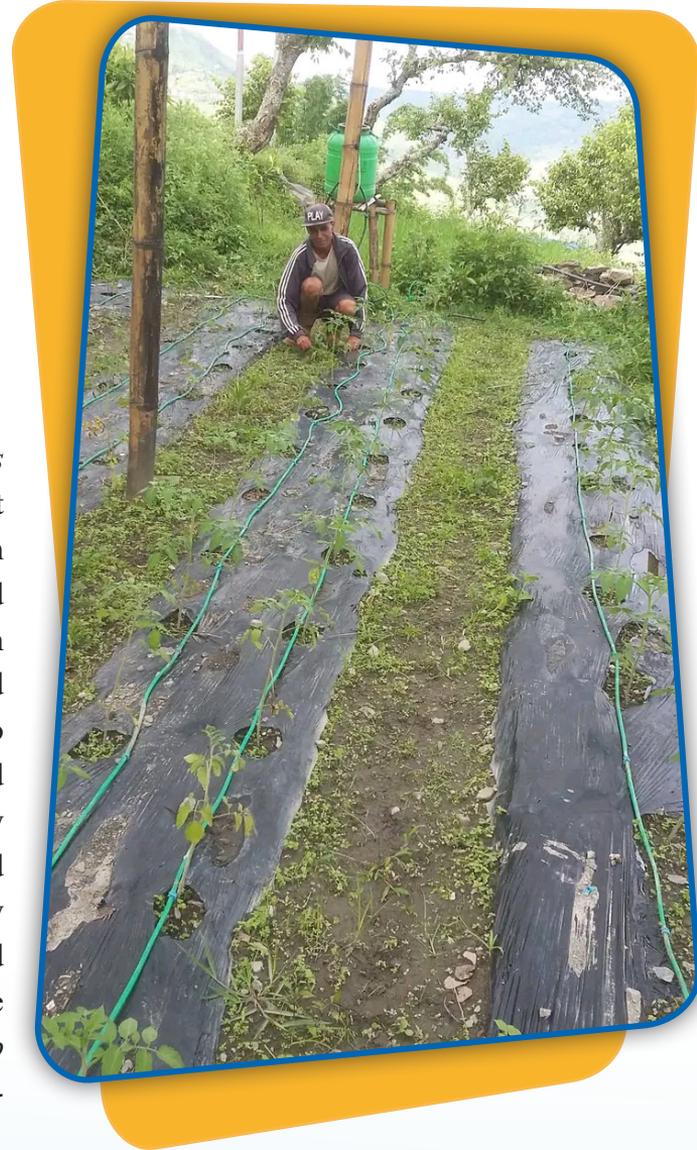
"I went to cut wood to make utensils. I was hit by the wood. It hurt a lot and I have requested to be taken to the hospital for treatment," said Shah

Transforming Agri-practices Using Climate Friendly Tools

Farming rice, wheat, maize, and some seasonal vegetables with traditional methods was the regular practice of Dharam Bahadur Khadka. His living with his 6 family at Dullu Municipality-2, Dailekh. He was having an extremely miserable life due to low production from crops and vegetables and due to dry and drought weather conditions. The crops and vegetables were destructed by heavy hailstones, insufficient manure and sometimes with the spread of disease and worms, Dharam was having a hard time cultivating his farming. As it was difficult to sustain life through farming, he was forced to escape towards India

to make a living for his family.

The formation of *Public Awareness Farmer's Group*, UTTHAN project implementing by SOSEC Nepal with the support from European Union and DCA and technical assistance from Li-Bird, the project also conducted its activities in the area. Dharam also joined the farmer's group and received the information about Climate Friendly agricultural methods and got oriented in climate change and climate friendly agricultural practice. He received materials and preparation support like *plastic house, advance seeds, drip irrigation, Hajari, Sprinkler, Bio-*



pesticide (Jhol manure 1,2,3) and technical assistance from the project for vegetables farming in a climate and environment friendly way.

After the organizational support and by using the modern agricultural methods, he has started farming cabbage, cauliflower, tomatoes, potatoes, onions, garlic, and some other vegetables. He makes use of plastic house to save vegetables from air, rain and hailstones, bio-pesticide to save from disease and pests, and uses drip irrigation in areas with insufficient irrigation. Despite frequent change in climate, he is using climate and environment friendly tools of agriculture

and farming. Seeing through the nutritional perspective and the goodness of organic products, it's been easier for him to sell his produces in the nearby local market. Trailing on her father's occupation, his daughter is also studying agriculture science in the college.

Dharam Says, "Previous hard work didn't return the fruit of hardship, now I have technology, knowledge and skills about modern climate friendly agriculture methods. Therefore, I am able to sell and earn in the market by producing vegetables on my choice."



महामारी नियन्त्रण र रोकथाममा मेरो प्रतिवद्धता
मास्क लगाउनु नै हो आजको आवश्यकता ॥

नेपाल मास्क अभियान

मास्क लगाऔं झापू पनि बांचौं र अरुलाई पनि बचाऔं ।
म पनि मास्क लगाउंछु र
अरुलाई पनि मास्क लगाउन प्रेरित गर्छु ।

म जिम्मेवार नेपाली हुं

कोभिड -१९ सँग लड्न आजैबाट गरौं तयारी मेरो मास्क मेरो जिम्मेवारी

शोरे मूल्यको मास्क लगाउंदा तपाईंको अमूल्य जीवन जोगिन सक्छ ।

मास्कको महिमा सधैं सही तरिकाले लगाउनुमा ।

Use of Smart Phone Changed Dil's Life

Dil Kumari lives in Bedu village of ward 1 which lies on the west side of Gurans RM. Dil Kumari's family didn't have a single smartphone at home. After being a member in child club, Dil Kumari had to join online meetings. Since she had no smart phone at home, she used to recharge a friend's phone and join the meeting on that.

Father decided to buy a smartphone for his daughter as she frequently had to borrow others' phone. Contrary to his decision, a smartphone would cost more than his expectations. It wasn't possible for a family living on daily wage to buy a phone that would cost thousands of rupees.

After seeing Dil Kumari's activeness and perseverance, Sahayatra II implemented by SOSEC Nepal with the support of Save the Children provided her with a Tablet PC. She was trained to use that Tablet as well. Not only did it become easy to take part in online meetings, Tablet also changed her life.

To protect from COVID-19, all the schools were closed



during lockdown. Most children would pass time only by playing or going to look after cattle. But Dil Kumari set a different routine. She would see national and international news and get acquainted with her course books with help of Tablet. She even shared and displayed learning materials to

other friends\ By showing such videos, she would discuss the physical and psychological effects of child marriage and its legal punishment to her friends. While in the meeting of child club, discussions would start about such videos, which in turn helped in the reduction of child marriages.

Her effort of spreading awareness about child marriage has stopped many children of doing so. Some students who even considered drop out has been continuing school afterwards.

During lockdown when school were closed, she even engaged herself in creative activities. Drawing pictures, preparing COVID code of conduct, writing informative articles, poems and songs are some creative activities she got engaged with.

Her article titled “Effect of Corona in Education” has been published in onlinekhabar.com, one of the prominent digital media in Nepal.

She is also a child activist Campaigns, she conducted has assisted in reducing child marriages. She also helped in disseminating notice of palika to every family around her vicinity to stop and not to assist child marriages.

She said, “I am able to work a lot for communities because I am a child activist. Earlier, I even couldn’t speak with my family. But now, I lead campaigns. I am happy that many of my friends’ lives have been changed with my anti-child marriage effort and their bad decisions have been corrected.”

नगरौं विहेको कुरा भएको छैन २० वर्ष पुरा



“नगर्नु आमा बुवा मलाई विहेको कर
छैन मलाई २० वर्ष नपुगी विहे गर्ने रहर”

- Quotes by Basanta Shrestha DED of SOSEC Nepal

Technology bring transformation on agricultural practices

Parbati Khadka is 35 years old and is a resident of Dullu municipality ward 2. She was sustaining her life with traditional farming with 7 family members. As agriculture is their main occupation, she spends most of her time in vegetable fields. The production was affected from dryness, drought, hailstones, disease and pest since she didn't have any technical knowledge about them. And her husband had a compulsion and used to travel

to India to support the family living.

With the facilitation and support from SOSEC Nepal and the UTTHAN project Tariya Non-Seasonal Vegetables Production Agriculture group was formed in her village. Parbati got involved in the group. Being on the group she was informed about seasonal and off-seasonal modern agriculture farming system and received training about its application. As a



support from the project and after the training, to practice climate and environment friendly farming, she received support and materials like, temporary and permanent plastic house, improved seeds, shed improvement, compost pit and some gender friendly modern tools for the ease of women to work on agriculture like drip irrigation, irrigation pond and Sprinkler. Besides all these, she also learned to prepare bio-pesticide (Jholmoll, 2, and 3) to control pest and diseases in plants.

currently she is using bio-pesticide, plastic house, red cloth and yellow trap for insect trapping and adopt climate friendly agricultural practices. And produced organic vegetables are

sold within the village area. Nonetheless, the gender friendly tools have helped in reducing time and made work easier for them.

Parbati's effort didn't stop there, as she is able to make some savings from the vegetable farming and trading, other members in the group and some other community people are attracted towards agriculture. Parbati says, "With the production and earning from climate friendly farming, my husband doesn't go to India anymore rather we are working together in farm using climate friendly tools and technologies. And also encouraging community members for adopting the tools and technologies.



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कोभिड -१९ रोग बढ्नबाट रोक्न तयारी मेरो मास्क मेरो जिम्मेवारी

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मास्कको महिमा सधैं सही तरिकाले लगाउनुमा ।



Kaushila's Waves and Expectation for Higher Education

Poverty doesn't give its victims to live with satisfaction nor happiness. Aaite Damai of Gurans was also having the same. There was no peace nor satisfaction in his life. For him poverty was life threatening. He never had a satisfactory life even after 50, for which he eventually ended his life himself.

Aaite had only 1 ropani of land. During his youth, he earned for his family by going to India. But with old age and weakness, he couldn't go to India anymore. There was no income for the

family. He had no other option than to seek for loan to look after his children. All his daily activities totally got dependent on the loan he brought from his relatives and neighbors. Borrowed money wasn't enough always. Due to old age and weakness, he couldn't do anything nor earn anymore. To run the family was a difficult task for him. Then he decided to take his life forever.

It is indeed the story of Kaushila who faced so many difficulties

in life since her childhood. When her father died, her family was in jeopardy and it was difficult to make a living. She had five members in her family including mother, elder brother, elder sister, small brother and herself. Elder brother went to India to earn for his family and to pay the loan which father had borrowed earlier. To the family's dismay, elder brother never came back. Family's trouble continued as always. Elder sister also got married. Mother was a sufferer of chronic diseases. Due to their economic crisis, Kaushila was irregular at school. Mother received single woman allowance but that wasn't sufficient to address their needs. If she bought school uniform with that money, they had nothing to eat at home. So, after managing food for home, she had trouble buying school uniform and school stationaries. At the same time most of the money from mother's single women allowance would also be spent in mother's own treatment. Therefore, it was very discouraging for her to go to school.

Poverty was accumulating problems after problem and 12 years old Kaushila was planning to leave school and go for becoming a shepherdess. She had no choice other than that. In the meantime, WCRC conducted a survey for children in jeopardy. Kaushila and her 9 years old brother got listed

in the data collected as children in jeopardy. Ward Child Right Committee (WCRC) thus assigned PSWs to follow up the case of those children. By preparing case plan of those children, PSW identified the children's need. After their needs assessment, Kaushila was provided with regular scholarship with the support from WCRC. Then she continued her school and is regular at it. Kaushila even secured first position while upgrading to class seven. With matching fund SAHAYATRA II Project Implementing by SOSEC Nepal with the support of Save the Children and Gurans Palika, Kaushila has been supported with rupees 25 thousand as a long-term support. The supported fund is deposited in her name at a local cooperative and it provides interest of the money every six months.

Kaushila's interests are increasing as she is receiving scholarship. She has a thought of getting married only after completing higher education.

She said, *"I don't have problem going to school anymore. Money deposited in cooperative regularly provides me interest for up to 20 years of my age. By utilizing that interest for school and stationaries, I will complete higher education."*

Laxmi Bhandari : Adapting Climate Smart farming

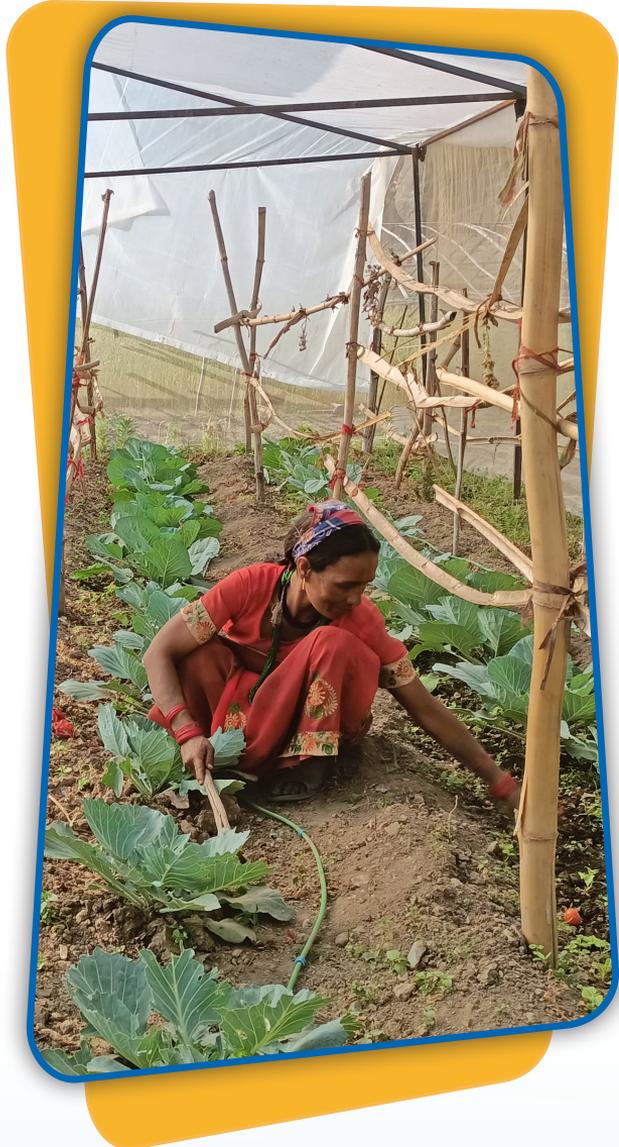
Laxmi Bhandari (42) from Dullu Municipality-4, Dailekh lives with her five family members. Her husband went to India for work to fulfill the basic needs for the family. Though they have enough land, because of drought, traditional farming practices, increasing plant diseases, climate change impact, agriculture production was significantly decreases.

UTTHAN project is implementing at Bhandaritole by SOSEC Nepal, With the support of EU, DCA and technical support from Li-bird. Laxmi a member of Bhandari tole agricultural group, learns about modern agriculture techniques, received several trainings along with some support on temporary and permanent poly house construction, quality seeds, manure

improvement, climate and gender friendly tools, drip irrigation, irrigation pond. Beside she also learned to prepare bio-pesticides.

With the support and skill, Laxmi, initiating climate change adaptive and ecology friendly farming process. she started to produce several vegetables inside poly house. Not only she used these vegetables for her family, she also sells surplus in nearby market from which she was able to earn extra income that help to fulfill education cost of her children.

She said, *"Life goes smoothly these days, we used to eat rice without curry for several times just with dal, but when I know about poly house faming, our family can eat fresh vegetables every day."*



Grandfather's Dream of Grandson's Higher Education

This is the story of Kasam Budha from Gurans Rural municipality ward 3. While Kasam Budha was two years old, his father did a second marriage being disloyal to his family altogether. Pabitra, Kasam's mother's life was devastated by her husband who once had taken an oath for life long togetherness. After being betrayed by the husband, Pabitra along with her son started living at her parents' house. It had been hardly one year, Kasam's mother also left him and did a second marriage. Young Kasam was once again in helpless situation and his entire fate was at his grand parents' hand. Then this abandoned child's responsibility was on grandfather's shoulder.

Kasam was raised without his own parents. He didn't receive his parent's love and care. His behavior was different from other children of his age. He didn't like to go to school. He would cry loud and yell even for simple matter. He lost temper quite often and was an arrogant and stubborn child. When he was 4, his grandfather enrolled him to Ganesh Child Development Center. Though he was enrolled to school, he wasn't regular and would often run away from school during the study hour. Lack of learning materials and school uniform also supported his choice to refrain from school and study. It took him two years to complete ECD education. Not only did



he lack learning materials and school uniform, he did lack care and love from the family as well.

Grandparents however were earning for the family even at the old age. During such a difficult time, teaching a grandson wasn't an interest but an obligation for them. Within all those obligations and difficulties, grandfather, Jit Bahadur had envisioned a golden world for his young grandson. Ward Child Right Committee (WCRC) of Gurans RM – 3 was collecting information about children in jeopardy and Kasam got listed in it. Through the support of Sahayatra II project, which is implemented in partnership by Save the Children and SOSEC Nepal, WCRC provided education scholarship and school uniform to Kasam. After receiving support Kasam started to go to school continuously.

He was continuous to school and gradually got his study improved. Last year he upgraded to grade 3 with distinctive marks. Kasam was in trouble after mother's second marriage, but he is not only regular but also an excellent child said Raj Kumari Shahi the head teacher of his school. After closely observing changes that came in the life of Kasam, head teacher Shahi says, "Every child has different abilities and possibilities within themselves." She believes, by addressing their immediate needs, and providing them necessary love and care such children can be turned into good students.

Everyone is happy with Kasam. He was once a child who wouldn't want to go to school, but is regular these days. This makes his grandfather Jit Bahadur happier with his grandson. Jit Bahadur says, "Previously he didn't want to go to school but now doesn't want so stay home."

नगरौं विहेको कुरा भएको छैन २० वर्ष पुरा



“नगर्नु आमा बुवा मलाई विहेको कर
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- Quotes by Basanta Shrestha DED of SOSEC Nepal

Binita's First Income

Thatikand Rural Municipality ward no. 6, Rokayatol's 25-year-old Binita Kumari Thapa was considering traditional farming as the main occupation for her livelihood to meet the needs of her family of 8 members. Apart from this, Binita's husband had to go to the neighboring country India for employment, so the family's expenses were running not so steadily. She was looking for alternative methods as the production of farming was insufficient.

AEIN Luxembourg and Thatikandh RM financial and technical support, implemented by SOSEC Nepal SAHAKARYA Project at Thatikandh village has provided integrated pest management training, plastic tunnel for tomato farming, drip irrigation

and technical assistance. The support have motivated Binita, to start seasonal and off- seasonal vegetable farming.

She started cultivating seasonal and off-seasonal vegetables like Jukeni Pumpkin and cucumber in the month of Baisakh and Jeshtha and earned Rs 6 thousands for the first time. Her family members are also helping her in her work as they see a good income from vegetable farming.

Seeing Binita's vegetable farming, other members of the community have also started vegetable farming. "Sometimes we had to grind salt and chilly and eat it as a vegetable. But now we are producing different vegetables in the off-season," said Binita.



Achievement of Gajal's agricultural profession

Thatikand rural municipality ward no.6, Gajale Budha, who is living in a family of six members in Guyalasi, Dailekh, had been doing traditional farming. Traditional farming made it difficult for his family to support their livelihood. He had run a water mill by taking a loan from the village to support his family. It was difficult to make a living even from this work.

SAHAKARYA project is implementating by SOSEC Nepal with the financially support of AEIN Luxembourg and coordination with Thatikand RM. The project formed an agriculture group named Veer Mura. In support from project he is provided with seeds and technical materials from which he started seasonal

and off-seasonal vegetable farming, goat rearing and grass nursery for generating income.

Through establishment of goat rearing, vegetable farming, and grass nursery in Thatikandh 6 Guyalsi, he has earned Rs. 35 thousand. And after receiving agri seeds from SOSEC for the first time he has earned Rs 39 thousand from cultivaitng off seasonal cucumber, pumpkin, cauliflower, cabbage. He has awarded for the first time by the District Veterinary Service Office, Dailekh, for his work in agriculture and animal husbandry in the remote areas. Gajale says that "I have sent my son in Kathmandu for his study from the income I have earned from agriculture farming."



Inspiration as result climate smart farming

Raja Ram Bhandari, the resident of Dullu Municipality-4, Bhandari tole with his 7 family members. The major occupation is agriculture. However, the production of agriculture is very limited as affected by climate change impact and traditional farming practices. The seasonal agricultural production feeds their family only for six months. The rest of the months it was full of challenges for him to sustain his family living and carrying out his household expenses.

UTTHAN project supported polyhouse, drip, trainings for Jholmol 1, 2, 3 and bio pesticide for pest and disease control. He was also trained about climate change adaptation and mitigation practices. Then, he constructed irrigation pond, separate compost pit for manure, animal shed and pits for waste management.

He is now producing sufficient production of seasonal and off-seasonal vegetables through climate change adaptation agriculture practices. Those produced vegetables are sold in the nearest market. Nowadays, it is easy for Raja Ram to sustain his family. As there is good income earned from vegetable farming, Rajaram has made plan to continue vegetable farming and expand it as commercialized farming by using adaptation tools and technologies.

Rajaram Bhandari said, *"Now my family is also very happy as family's fragile condition has improved, I was supposed to go to India for earning income to sustain my family livelihood, but instead of going abroad, Climate change adaptive vegetable farming has shown me a pathway to endure my family living."*





Relief from food and medicine support

Susmita Jaisi of 39 years from Bijaura, Narayan Municipality-7, Dailekh has done love marriage at her 18 years age. Her husband used to work in India to fulfill family needs and it was a happy marriage before. But in later period, her husband used to drink excessive alcohol because of this, there was a dispute among family members. He used to beat and blame his wife and children. Their son's hand got fracture during the family dispute at home.

When police came to know this incident, he was kept in jail for three days. Then police office asked SOSEC for their family mediation and reintigration. SOSEC then provide counseling service among husband and wife. Also, SOSEC provide free treatment for their son's fracture hand and provide service by keeping him at emergency shelter.

SOSEC advice them to live jointly without any such violence. But after some time, her husband was out of contact to susmita family.

At that time there was a rapid spread of covid pandemic, they have no any job and labour work to sustain their life. At this crucial time also SOSEC provide necessary food itmes for their family. Now she did wage labor and earn a money to

fulfill basic needs for her family. She is able to pay money for her children education.

She said, “. The organization is providing service for millions of children and women facing violence like as me. If SOSEC Nepal was not there for me than I woouldn’t able to overcome the problem on my own.”

विहेवारी २० वर्षपारी



नगरौं विहेको कुरा भएको छैन २० वर्ष पुरा



“नगर्नुं आमा बुवा मलाई विहेको कर
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- Quotes by Basanta Shrestha DED of SOSEC Nepal

Positive parenting makes parents accountable

Thatikand Rural Municipality ward no.2, Seripata's 24 years old Sita Shahi works as farmer and her husband goes to India for work to meet the needs of a four-member family. Sita sends her children to a school nearby. The school is about 100 meters from the house. So far, she has never been to school to check on her children's education.

Positive parenting training was provided through the SAHAKARYA project which is implementing by SOSEC Nepal with the support of AEIN

Luxembourg and coordination with Palika. She also participated in the training. After participating in the training, she started making a time schedule and action plan for the children at home to help them in their studies and to pay attention to their hygiene.

She is not only happy that the training has changed her behavior and improved children's education, but also expects other members of the community to receive parental education and positive parenting training.





Child Club Empowered Smriti

A young member of child club Smirti had big dreams in life. She was relatively younger among her friends. Being the youngest amid all other friends, she normally used to get refrained from participating in extra-curricular activities at school. She wished to play with friends but she lacked similar aged friends who would want to play with her. Despite having interest in volleyball, singing and article writing, she didn't participate in extracurricular activities nor joined child club. Her relatively smaller age became a barrier however things began to change as her friends stated to support and encourage her.

SAHAYATRA-II project implemented by SOSEC Nepal in collaboration with the Save the Children reform Sungava Child Club in Nepal Rastriya Primary school and she was nominated as the chairperson of the club. With continuous support and insistence from friends she was declared chair person. But as she upgraded to higher grade, she had to transfer to Laxmi secondary school in Ratikhola. There at Laxmi Secondary School she continuously engaged and participated in extracurricular activities organized in the school.

During her tenure as the chairperson of child club, they used to conduct regular meetings, prepared annual work plan and implemented them. They also frequently organized extracurricular activities in school. Not only did she involved in school activities, she also used to participate in programs organized in ward and palika level. She also regularly attended SMC meetings and represented students and child club. She raised the issues of students and advocated on the necessities to be implemented. As a result of her continuous effort to raise and advocate, school-built railing, playground, and toilet and managed playing materials for students. She is also a member of local level child rights committee and addresses the issues of all children and school during the meetings.

The efforts and involvement of Smirti aren't limited to community and schools. She has also participated in some national level programs related to children. During the pandemic and in the lockdown "Red Alert Climate Activism" a nationwide competition directed towards children under 12 years of age was organized. Smirti participated and got 2nd position in the event which aimed to promote skills and abilities of young children. Moreover, Smirti became 1st in a

recent child-led poem competition organized in school with the theme of *Gender Identity and Gender Based Violence*. Also covering the context of recent local level election Smirti wrote an article to discourage the use of children for election purpose.

Currently Smirti is a member of ward level child club network. She raises the issues of all the child clubs of her ward and advocates on their necessities. With the advocacy of Smirti, ward 4 allocated rupees 1 lakh for children related budget. **"Problems like child marriage, child labor and chaupadi are prevalent in the society and I want to organize campaigns against them", says Smirti.**

Teachers are also proud of Smirti and her achievement on such a young age. Teachers feel positive about students' involvement in child clubs and their activities. Head teacher of Nepal Rastriya primary school, Chhabi Oli said, **"Participation in child club and its activities doesn't hinder education and behavior of students, rather it's an important group to promote the rights of children"**.



A little help changes Sarki's life

Ujjwal Sarki of Bhairabi RM 1, Rawatkot is living with his elderly parents. In his early childhood, his father did remarriage after his mother death and went India. When his father was in India, his sister-in-law sold all his land. After some times, his father came back to home, and a case was filed against his sister-in-law. Although, his father won the case, his land could not be passed. Because of it, Ujjwal has been living in someone else's house for 5 years.

Ujjwal's Family had compulsion to live under the tent which was even torn on the top. There was a huge challenge for Ujjwal for surviving in the torn tent. On 10th May 2022, the problem was shared on Bal Helpline 1098 which is operating under SOSEC Nepal. According to his

verbal description, the organization inspected the place and found that he was living under a torn tent under the open sky.

The organization has helped him with food support and he felt immediate relief. Meanwhile, the reporter of Annapurna Post National Daily found out the case of Ujjwal's family and his news was published in the local media through Jwala Sandesh and it was disseminated in mass.

With the spread of his story, the Rural Municipality and Panchakoshi School passed out students, provides financial support to build the house. Now, he is living inside the house.

“The organization small support and facilitation of local media brings drastic change in our living”, said by Ujjwal Sarki.



Agri-Skill Improved Productivity

Jana Chetana agricultural group in Dullu Municipality ward 1 is a group formed by SACAR project implemented by SOSEC Nepal. Due to lack of climate friendly agricultural knowledge, previously the farmers in the area used chemical fertilizers. The use of chemical gradually decreased the production as well the fertility of farming land.

SACAR project saw the potentiality of this area as a source of vegetables and started working among the farmers in the area. The project organized local farmers and formed a 'Janachetana Agricultural Group' and provided them with trainings on various advance climate-friendly agricultural techniques, preparation of compost manure, its use and production of advanced varieties seeds and climate-friendly agricultural tools.

Now the farmers from the group have started using climate friendly tools and techniques and at the same time stopped using chemical fertilizers rather they use compost manure. As a result of this activity, agriculture production have increased and so as the fertility of the soil.

When asked about the change that was brought by SACAR project, the chair of the farming group Dharma Khadka says, *“Earlier we thought the chemical fertilizers increased the production but adversely, temporary production would increase and simultaneously decrease the fertility of the soil. After SACAR project provided us with agricultural training, now we have been continuously using compost fertilizer in every farm and we have also been able to get good products.”*



Inspiring Story of Dipu

29 years old Dipu Khatri from Bhairabi Rural Municipality ward 1 Bajthala has 4 members in her family. After completing higher education Dipu was spending spare time by farming seasonal vegetables and seasonal food crops.

With the demand of youths from Bhairabi RM 1, AADHAR project implemented by SOSEC Nepal with the support of AEIN Luxembourg and also coordination of Bhairabi RM, formed Gurans Youth Club in 2075. Dipu became the club secretary after the formation of Gurans Youth Club. Facilitating the club's monthly meeting, she has participated in discussions on youth issues, vegetable farming, child marriage, polygamy and dignified menstruation. She also received support and skills of vegetable cultivation in farmer's field school, vegetable seeds, 1 plastic tunnel, 15 thousand Rupees from Seeds Money support for goat rearing to support her farming business. Along with

materials, she also received technical support from the project.

After the support from the project, she is engaging in seasonal and off seasonal vegetables farming like; tomato, cucumber, pumpkin, cauliflower, cabbage and green beans on 2 Ropani land through which she makes 1 Lakh 50 thousand as yearly income. She also makes about 20 thousand Rupees from goat rearing business. With the income from her farming business, Dipu spends money on her household expenses, her son's insurance and her education. She also plans to increase vegetable farming if the collection centers are available.

Dipu says, "Instead of holding the belief that agricultural business isn't for educated people, productive agricultural business can be done. Therefore, I recommend youths to increase income through productive agricultural farming."



Modern farming practices fulfill the Desire of Chandra

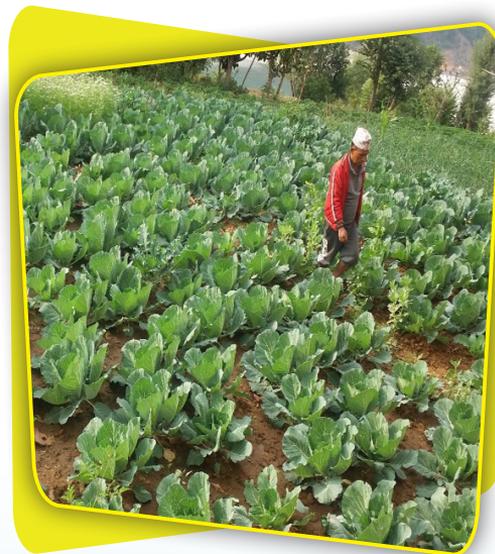
Chandra Majhi of Dailekh Athabisa Municipality ward 3 is a member of Shrijanshil Agriculture Group. Majhi's family who is been adopting traditional farming method of seasonal farming only had about 4 months living from the production. No matter how hard they worked, it wouldn't last more than 4 months for the family for which her husband was obliged to go to India to fulfill basic needs for the family.

Chandra's life began to change after the SACAR project implemented through SOSEC Nepal with the support of DCA. Which formed Shrijanshil Agriculture Group and provided training on various modern climate-friendly agriculture and seasonal and off-seasonal vegetable farming. Project also assisted to find market for production which

helped farmers to sell their produces.

Now she not only educates her children through the income of cultivating seasonal and off-seasonal vegetables, but also involves her husband in farming who otherwise would go abroad to meet the needs of the family. By growing vegetables at home, now she has managed to fulfill all the needs of the family and is able to save some money as well.

Chandra says, "Though I always wanted to live with my husband, it was a compulsion that I had to send him abroad to meet the needs of the family. But now after the support of the project implemented by SOSEC Nepal with support of modern climate-friendly vegetable farming, I have not only fulfilled my desire to live with my husband. I have also been able to educate my children in good schools."



Himani's Life from Darkness to Brightness

“If SOSEC Nepal was not there for me, I was not able to see the world. My life was supposed to be dark if I hadn't received the treatment on time.”

Himani Khanal resident of Aathabis Municipality-2 Sigaudi was 13 years old when she was studying in class 8. She was living in extreme poverty with her mother and brother. Her father was a drunkard who used to create conflict at home. But her family was out of contact with him for one year as he left home for wage labor in India. She dreamed to help her family in the future by being a nurse. And she used to study a lot to make her dream come true.

As the day passes, she started to suffer from headaches, and gradually she was losing her vision. It was difficult for her to read and write as she was inept to see. She used to figure it out only by listening, which made her poor in education. Seeing her vulnerable condition, the school where she study, provided a grant for her treatment. Then, she treated her eyes at medical. However, no progress was made so far. Instead, her situation became worst day by day. She was about to lose her vision completely. By this, she was also losing all her hope, dreams, and childhood contentment.



In the meantime, the village child protection committee took a survey on child vulnerability cases. The SAHAYATRA I project which has been implemented by the Social Service Centre (SOSEC) Nepal with the support of Save the Children, study the report. And her urgent need was addressed by the organization. Himani was provided timely support for her treatment at Nepalgunj Hospital. Finally, after the treatment, she was able to retain her vision after 6 months. Then, she was back to her normal life. Her aspiration towards study surges and she started reading with full devotion.

Now, her eyes condition is really good, she has given the Higher Secondary examination along with, she has been studying ‘Enterprise Development Facilitator’ at Surkhet. “It is all because

of the SOSEC Nepal. If SOSEC Nepal was not there for me, I was not able to see the world. My life was supposed to be dark if hadn’t received the treatment on time.”

Recalling her experience, Himani Khanal said, “During the problematic situation, SOSEC Nepal came forward as a well-wisher for me. Through SOSEC Nepal's support, I was treated and saved. This organization has done more for me than my guardian.

Maybe, my life would have been dark without SOSEC Nepal. The place where I am in now is a gift from SOSEC Nepal. Therefore, I am grateful to the organization and I wish for the betterment of this organization. I hope others who are in problems like me also received, the immediate solution from the organization.”





आत्मा साक्षी राखी मग, बचन र कर्मले सेवा गरी ।



सामाजिक सेवा केन्द्र (सोसेक) नेपाल सोसेक नेपालको सुरक्षा नीतिको सामान्य जानकारी र उजुरी गर्ने तरिका

सुरक्षा नीति भनेको के हो ?

संस्थाका पदाधिकारी, कर्मचारी, परामर्शदाता, स्वयंसेवक, ज्यालादारी कामदार तथा प्रतिनिधि वा कार्यभारभन्दा बाह्यभारिता, सङ्ग्राहकका प्यक्ति, साभेडन संस्था र कर्मचारीहरू माथि कुनै पनि प्रकारको डुर्घटनबाट, शोषण, बेवास्ता, हिंसा एवं हाजी नगर्ने कार्यलाई नसम्झनु पर्दछ ।

सोसेक नेपालको सुरक्षासंग सम्बन्धित नीतिहरू :

- १) बाल संरक्षण नीति
- २) भ्रष्टाचार विरुद्धको नीति
- ३) संस्थाको पदाधिकारी तथा कर्मचारीहरूको आचारसंहिता (सुरक्षा निवि समावेश) भएको
- ४) बाल विवाह तथा छाउपट्टी (सुन्य सहनक्षिस्ता नीति)

संस्थाका पदाधिकारी, कर्मचारी, स्वयंसेवक तथा अन्य प्रतिनिधिहरूले देहाएमा उल्लेख गरिएका कुराहरू पालना गर्नु पर्दछ ।

- १) बाबबसिका र संस्थाको कार्यक्षेत्र भित्र रहेका कुनै पनि जेवाढाडी घटनकाहरूनैम जेन क्रियाकलापहरूमा सहभागी नहुने,
- २) बाबबसिकालाई कुनै पनि डुर्घटनबाट (भारीतिक, टपेडा, भावनात्मक, जेन र बाबबशोधन) नगर्ने,
- ३) बाबबसिकालाई एउटै नबन्ने र जेबिज पूर्ण काममा नलगाउने,
- ४) अनुमतीबिना बाबबसिका तथा अन्य कसैको फोटो नलिने,
- ५) बाबबसिकाहरूलाई फेसबुक, मोबाइल फोन वा कुनै माध्यम बाट प्यक्तिगत सम्बन्ध नपठाउने,
- ६) अदिल सामग्री र हिंसात्मक गतिविधि, ड्रगप्युक्त सिगरेट, अदिल तथा हिंसा भएका फिल्म र वेबसाइटहरू बाबबसिका नाममा प्रस्तुत नगर्ने,
- ७) अनुमति प्यवसान तथा भावनात्मक आघातको जेबिजपूर्ण प्यक्तिगत आडुलाई नपार्ने,
- ८) बाबबसिकालाई तनाव वा नकारात्मक प्रभाव, अनुमानजनक वा अनुमतिबिनाको डुर्घटन वा टिप्पणी नगर्ने,
- ९) एउटैने हेर्ने, काममा अनुभव नगर्ने, धरतीपूर्ण प्यवसान र प्यवसायक बोली प्रयोग नगर्ने,
- १०) कुनै पनि प्यक्ति, संकूट वा संस्थाहरूको आडुजनक र अनुमानजनक टिप्पणी नगर्ने,
- ११) अनुभवजनक, अदिलकार्य वा अनुभवजनक भारीतिक नसम्झने,
- १२) गरी उल्लेख गरिएका सुरक्षा सम्बन्धी जिलीहरूको उल्लेख नगर्ने,

सुरक्षा नीति कसले पालना गर्नु पर्दछ ?

- क) संस्थासंग आवडु पदाधिकारी, कर्मचारी ।
- ख) संस्थाका स्वयंसेवक, प्रशिक्षार्थीहरू (Internship)वा अन्य संस्थासंग प्रत्यक्ष सम्पर्क हुने अन्य प्रतिनिधीहरू ।
- ग) संस्थाको लागि आवश्यक सेवा खरिद तथा वस्तु प्रदायकहरू ।

सुरक्षा नीति उल्लेख भएमा वा देखेमा घटनाको उजुरी कसले गर्ने ?

सुरक्षा नीतिको उल्लेख भएको देखेमा जोसुकैले पनि गर्न सकिन्छ ।

सुरक्षा नीति उल्लेख भएमा वा देखेमा घटनाको उजुरी कसले गर्ने ?

सुरक्षा नीति दिनमा बीबिसी घण्टा, हप्तामा सात दिन र वर्षमा ३६५ दिनमा ।

सुरक्षा नीतिको सम्बन्धमा उजुरी गर्दा ध्यान दिनुपर्ने कुराहरू ?

- क) घटनाको गोपनियता कायम हुनु पर्दछ र उजुरी कतको नाम गोप्य राखिन्छ ।
- ख) घटना घटेको ३८ घण्टा भित्र जानकारी गराउनु पर्नेछ ।
- ग) उजुरी कतले घटनाको अनुसन्धान गर्न हुदैन ।
- घ) नाम मबताहर उजुरी गर्दा घटनाको सूचना प्रवाहको लागि उपयुक्त माध्यम अपनाउनु पर्दछ ।
- ङ) उजुरी संग सम्बन्धित घटनाका कागजाप्यहरू गोप्य राखिन्छ ।

सुरक्षा नीति उल्लेख भएमा वा देखेमा घटनाको उजुरी कसलाई गर्ने ?

सोसेक नेपालको परिचोजनाका प्रमुख वा तोकिएको व्यक्ति
 सोसेक नेपालको सुरक्षा सम्पर्क नम्बर : ९८५०३३५९९ र ९८५०५५०८५
 सोसेक नेपालको ईमेल safeguarding@sosec.org.np र cfm@sosec.org.np
 मप जानकारीको लागि संस्थाको www.sosec.org.np हेरी जानकारी लिनुसक्नु हुन्छ ।

बालबालिकाहरूको आपतकालिन उद्धार, राहत, संरक्षण तथा परामर्श सेवाको लागि पैसा नलाग्ने फोन नं १०६८ (दहा नौ आठ) र ९८५०३३५२२, ९८५०८८२२२ मा सम्पर्क गर्नका लागि अनुसोधा छ ।

"WE REQUEST FOR IMPLEMENTATION OF ACCOUNTABLE SERVICE, QUERIES AND FEEDBACK RESPONSE & QUALITY BASED PROGRAM"
MONITORING, EVALUATION, ACCOUNTABILITY AND LEARNING (MEAL) APPROACH

Queries and Feedback could be done for the program/Project Implemented by : Social Service Centre (SOSEC) Nepal Dailekh

- ❖ If program Implemented against Act, Policy, Rules and Code of Conduct of the organization to be found.
- ❖ If any fault found on delivering quality service and discrimination on beneficiaries' selection process.
- ❖ If any authority and resource has been misused by authorized person
- ❖ If any discrimination or miss behavior related response/action against children & women on gender, economic & ethnicity to be found
- ❖ If staff of organization is found on involving child labor & involvements in which that are harmful & hazardous to children
- ❖ If educational & others materials supported by organization are found to be unused, misused & conservation less.
- ❖ If quality standard of program and activities hasn't meet organized by the organization.
- ❖ If schemes implemented by organization are found to be quality less & unused found.

Call us on Tollfree number NTC 16608942001 NCELL 9801574888 or write us on Email: cfm@sosec.org.np or drop your feedback and queries on queries box at Office of SOSEC which are arranged for storing queries suggestion and queries established by Social Service Centre (SOSEC) Nepal Dailekh.

Every employee, executive committee member, volunteer, goods and service providing firms, involved in SOSEC have any advice, suggestion, feedback and queries regarding organizational safeguarding policy (Child and Senior Citizens), Anti-Abuse Policy and Code of Conduct. Please contact in following address:
GESI/Child Protection Focal Person : Mobile no: 9858022511, 9858051089 & 9851151089 / Email : safeguarding@sosec.org.np

Your queries will be taken seriously & will be response after having essential Inquiries. Secrecy on personal detail of queries making person will be made if he/she wants.



SOSEC NEPAL

Central Office: Narayan Municipality-1, Dailekh

Central Office Phone: 089-410187/410096

Fax:- 089-410093

Bal Helpline 1098 (Ten-Nine-Eight)/9858088222/9858036222

Women and Children Centre, Dailekh: 089-410222

Women and Children Centre, Kalikot: 087- 440344

Kathmandu Office : 01-5910890, Surkhet Province Office: 083 - 414255

Toll free Num: NTC 16608942001 NCELL 9801574888

Email: sosecdailekh@gmail.com, info@sosec.org.np, hirad@ntc.com.np

Website: www.sosec.org.np